

*Have a fun and unique  
experience in the great outdoors!*

## Reservations & Rates



**WOLDUMAR**  
NATURE CENTER

Call (517) 322-0030 or  
email [TRAC@woldumar.org](mailto:TRAC@woldumar.org)

## Teambuilding Ropes & Activity Course

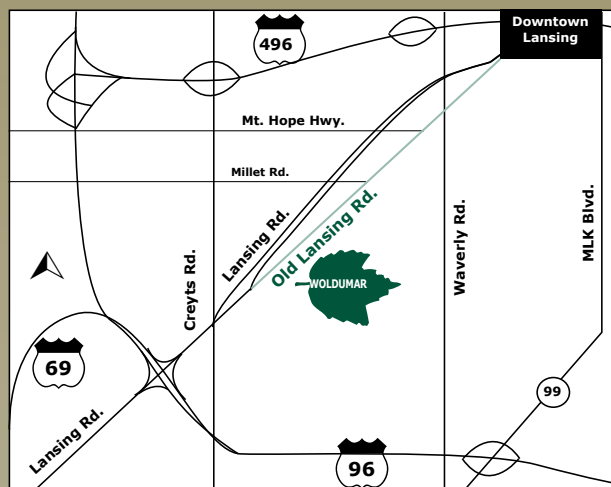
*Infuse your organization with increased  
teamwork, trust, and confidence.*

The TRAC coordinator will be happy to answer any questions you have, discuss rates and take your reservation.

**Woldumar Nature Center** is a self-funded, nonprofit environmental education center. Its mission is to educate people about the natural environment. The center contains 178 acres of diverse habitat including pine and beech-maple forests, wetlands and prairie.



Regardless of the focus or goals of a particular group, Woldumar guarantees that your organization will leave TRAC with a renewed sense of community and accomplishment.



5739 Old Lansing Rd. • Lansing, MI 48917

*Is your organization ready to improve  
communication, cooperation,  
trust and confidence?*

Get your group on TRAC with  
Woldumar Nature Center's  
Teambuilding Ropes &  
Activity Course

Find us on Facebook!

[woldumar.org](http://woldumar.org)



# What is TRAC?

**TRAC** (Teambuilding Ropes & Activity Course), originally designed for and used exclusively by General Motors manufacturing, is the ultimate solution for improving teamwork.

Our highly-trained and experienced facilitators design challenges to meet the specific goals of your group, while utilizing individual's strengths and abilities.

Your group will “get on **TRAC**” as participants solve scenario-based obstacles presented through low ropes initiatives requiring teamwork strategies.



**TRAC** caters primarily to businesses; we also welcome schools, families, scouts, church groups and private parties.

**TRAC** is utilized in half- or full-day sessions with a personalized program planned for each group. To maximize the **TRAC** experience, we recommend 10 to 15 participants per session. Multiple sessions can accommodate larger groups.

**TRAC** is designed for persons aged 10 or above. No particular level of athleticism is required, but please advise your **TRAC** facilitator if you have any health or ability concerns.

Through **TRAC**, group members are able to demonstrate to themselves and to team members the importance of planning, cooperation and communication.

**TRAC** helps build trust within the group and places value on individual contributions as an essential element to teambuilding.

